

No one taught me...

“HOW TO RETIRE”

Retirement and Aging - It Happens to Everyone

BUT HOW DO YOU LEARN AND PREPARE?

Join Balfour for this fascinating program as experts guide you through the emotional, physical and legal aspects that come into play at this stage of life, and learn how to successfully plan for transitions.

Thursday, February 9th, 3:00 pm - 5:00 pm



Balfour
Senior Living



A New Generation of Retirement Living[®]

THE PROGRAM



“TEACH ME HOW TO GROW OLD: MANAGING THE CHANGES THAT COME WITH AGE”

- Paula Enrietto, PhD, Founder & Director, Senior Health Insights
Dr. Enrietto earned a PhD. in molecular virology from the University Of Colorado School Of Medicine. Prior to forming her own company, she was Executive Director at Balfour Senior Living in Louisville, Colorado. Paula will discuss the emotional and psychological cycles that emerge as aging and change happens.



“WHAT’S NORMAL ABOUT PHYSICAL AGING”

- Shirley Huang, MD, Internal Medicine Associates of Boulder Community Hospital
Dr. Huang is board certified in geriatrics and internal medicine and practices at Boulder Community Hospital’s Internal Medicine Associates of Boulder and Internal Medicine Associates at Balfour.



“PLANNING FOR TOMORROW TODAY: LEGAL ESSENTIALS”

- Richard E. Romeo, Partner, Vincent, Romeo & Rodriguez, LLC
Rick’s practice is focused exclusively on elder and disability law and he is a sought-after speaker. He will discuss basic legal planning all retirees need to consider including wills, trusts and powers of attorney.

Q&A SESSION TO FOLLOW EACH SPEAKER

PROGRAM: THURSDAY, FEBRUARY 9th · 3:00 pm - 5:00 pm
Community Tours & Cocktails to Follow · 5:00 to 6:00 pm

THE LODGE AT BALFOUR

1331 E. Hecla Drive, Louisville, CO · Reservations required, RSVP by February 7th
Call **303.867.6382** or email: RSVPconcierge@BalfourCare.com

For more information, maps and directions go to our website at BalfourCare.com



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A New Generation of Retirement Living®

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The Lodge at Balfour
1331 E. Hecla Drive
Louisville, CO 80027
303.867.6400

